

# 2007 Schedule

<u>Date</u>	<u>Opponent</u>	<u>Time</u>
March 2	vs. Rutgers-Camden !	9:00 am
	vs. North Carolina Wesleyan !	1:00 pm
March 3	vs. Rowan !	1:00 pm
	vs. Polytechnic !	3:00 pm
March 8	at Shenandoah	2:30 pm
March 14	at Bridgewater	3:00 pm
March 17-24	Snowbird Tournament #	TBA
March 31	Lake Erie *	1:00 pm
April 1	at Penn State Behrend *	1:00 pm
April 3	Penn State Altoona *	3:00 pm
April 7	at Pitt-Bradford *	1:00 pm
April 11	at La Roche *	3:00 pm
April 14	Hilbert *	1:00 pm
April 17	Mt. Aloysius *	3:00 pm
April 18	Washington & Jefferson	3:00 pm
April 21	at Medaille *	1:00 pm
April 23	Juniata	3:00 pm
April 25	at Pitt-Greensburg *	3:00 pm
April 28	AMCC Playoffs	TBA
May 1	Hood College	3:00 pm
May 4	AMCC Tournament	TBA
May 5	AMCC Tournament	TBA

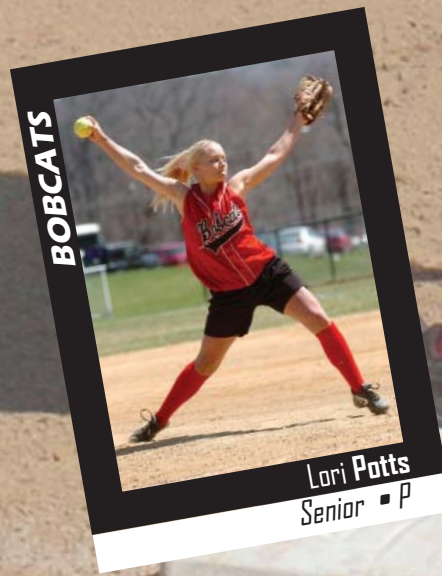
\* Allegheny Mountain Collegiate Conference games

! - Atlantic vs. East Challenge (at Virginia Beach, Va.)

# - Snowbird Softball Tournament (at Myrtle Beach, SC)



# 2007 FROSTBURG STATE SOFTBALL





**COLLEGE FACTS**

Location	Frostburg, Md. 21532-1099
Founded	1898
Enrollment	5,200
Nickname	Bobcats
Colors	Red, Black & White
Affiliation	NCAA Division III, ECAC
Conference	Allegheny Mountain Collegiate
President	Dr. Johnathan Gilbralter
Director of Athletics (Interim)	Rich Repac
Associate Athletic Director	Chris McKnight
Compliance Coordinator	Rubin Stevenson
Website	www.frostburg.edu

**SOFTBALL FACTS**

Final 2006 Overall Record	24-18
Final 2006 Conference Record	13-5
Final 2006 AMCC Finish	Fourth
Final 2006 Home Record	10-4
Final 2006 Road Record	11-8
Final 2006 Neutral Site Record	3-6
Starters Returning	3
Starters Lost	6
Letterwinners Returning	5
Letterwinners Lost	8
First Season of Softball	1996
All-Time Record/Seasons	173-163/1/11

**COACHING STAFF**

Head Coach	Wes Landrum (Frostburg State '00)
Career Records/Years	36-29/2
Record at Frostburg State/Years	36-29/2
Landrum Office Phone	(301) 687-3242
Landrum E-mail	wlandrum@frostburg.edu
Assistant Coaches	Stacie Reichert

**SPORTS INFORMATION**

Sports Information Director	Noah Becker
Office Phone	(301) 687-4371
Office Fax	(301) 687-4780
E-mail	nzbecker@frostburg.edu
Website	http://sports.frostburg.edu
Graduate Assistants	Brandon Rethemeyer Bill Shields

**TABLE OF CONTENTS**

College Facts	IFC
2006 Softball Facts	IFC
Coaching Staff	1
2007 Season Preview	2-3
2007 Roster	4
Player Profiles	5-7
2006 Results	8
2006 Statistics	9
2006 AMCC Results/Awards	10
Single-Season Records	11-12
Career Records	13
Team Awards/Honors/History	14
About Frostburg State	15-16
About Frostburg State Athletics	IBC

You can follow Frostburg State Athletics all season long via the world wide web and the Bobcat Sports Hotline. The FSU Athletics web site contains rosters, schedules, game scores and summaries and press releases for all 21 varsity sports teams. The web site is updated with scores and information as they become available. Check us out:

On the world wide web:  
<http://sports.frostburg.edu>

**CREDITS**

The 2007 Frostburg State University Softball Guide is a production of the FSU Sports Information Office and was written by Brandon Rethemeyer. Layout and design by Brandon Rethemeyer and Noah Becker using QuarkXpress 4.1. Photography by Chris Riddle. Printing by MASA Corporation, Norfolk, Va.

**ON THE FRONT COVER**

Top: 2006 Team  
Bottom: Lori Potts (bottom left) and Amanda Griswold (bottom right).



**Wes Landrum**  
Head Coach

Wes Landrum enters his second year as head coach of the Frostburg State women's softball program after serving as the interim head coach from April to

June, 2005.

Last season, FSU finished 24-18 overall and 13-5 in the Allegheny Mountain Collegiate Conference. The Bobcats opened the season with a 3-7 record before winning 12 of the next 14 contests.

Frostburg State entered the AMCC Tournament as the No. 4 seeded team and defeated No. 5 seed La Roche in the opening round. The Bobcats won game one 4-3 and game two 1-0. In the conference finals, FSU was eliminated with losses to top-seeded Penn State Behrend (3-0) and third seeded Lake Erie (3-1).

FSU placed four players on the all-conference team including three first-team selections. Amanda Baldwin was named to the NFCA All-Region team and Bethany Seyler earned CoSIDA Academic All-District honors.

In 2005, Landrum led the Bobcats to 17-19 overall record and an 11-7 mark in the AMCC. FSU finished fourth in the AMCC regular-season standings and was also fourth at the AMCC Tournament.

Landrum took over the Bobcats with a 5-8 record and guided the team to 11 victories in its next 14 games, including six straight wins to close out that stretch, which pushed FSU to 16-11 overall and 11-1 in the AMCC.

Bad weather forced the Bobcats to close out the regular season with three key AMCC road doubleheaders in a four-day span, and FSU dropped all six contests, including four by just a single run, to fall to 16-17 overall and 11-7 in the league.

FSU earned the No. 4 seed in the AMCC Tournament and downed No. 5 Hilbert 14-0 in a single-elimination play-in game before dropping 4-2 contests to No. 1 La Roche and No. 6 Penn State Behrend in the double-elimination championship round.

Seven Bobcat players earned All-AMCC honors, including three who were named to the first team.

Landrum began his coaching career as FSU's top assistant in the fall of 2002 and helped the Bobcats quickly become one of the top teams in the AMCC.

After a 13-12 showing in 2003, FSU enjoyed record-breaking success in 2004, finishing 26-14 overall and 11-1 in the AMCC. The Bobcats set 28 school records, including marks for overall and conference victories.

The Bobcats claimed their first-ever regular-season AMCC title, hosted the AMCC Tournament for the first time and earned a berth in the Eastern College Athletic Conference Tournament, the first post-season invitation in the program's history.

Landrum has coached 17 All-AMCC selections, including the 2003 Newcomer of the Year and the 2004 Co-Player of the Year.

FSU has also enjoyed great success in the classroom during Landrum's coaching tenure, ranking among the top National Fastpitch Coaches Association Division III academic squads in 2004. The Bobcats have also had four NFCA All-America Scholar-Athlete selections over the past three years.



**Stacie Reichert**  
Assistant Coach

Stacie Reichert enters her second season with the FSU softball team after a record-setting playing career at Division I Gardner-Webb University in Boiling Springs, N.C.

Boiling Springs, N.C.

Last season, Reichert helped pitcher Jen Cook break nine individual single-season pitching records, as well as two career pitching records on her way to garnering First Team All-AMCC Honors.

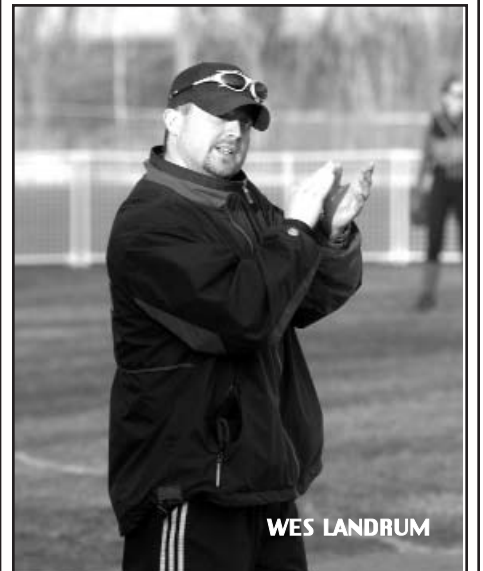
The Mosinee, Wis., native set GWU marks for wins (45), shutouts (14), complete games (63), earned run average (2.07), innings (702.2) and strikeouts (538). She also established six single-season records and holds the top four spots in single-season strikeouts.

As a senior, Reichert became Gardner-Webb's first-ever Atlantic Sun Conference Pitcher of the Week after defeating Akron and North Carolina. The victory over UNC is perhaps the biggest in GWU softball history.

As a junior, Reichert earned numerous honors, including All-Atlantic-Sun Conference second-team, Atlantic-Sun Conference All-Tournament Team and NFCA Scholar-Athlete accolades. She won 18 games and led GWU to a spot in the championship for the first time in school history.

Reichert was impressive off the field as well, earning Atlantic-Sun All-Academic honors three times. She graduated cum laude with a bachelor's degree in biology and a minor in chemistry this past May.

Reichert is pursuing her master's degree in human performance at FSU.



**WES LANDRUM**



## A YOUNG BOBCAT SQUAD LOOKS TO CAPTURE THE AMCC TITLE

The 2007 Frostburg State softball team will have a different look than last season's squad that went 24-18 overall and 13-5 in the Allegheny Mountain Collegiate Conference. Having lost six starters, the Bobcats look to a more youthful team to help guide them towards their second AMCC title in the program's history.

FSU welcomes back senior pitcher **Lori Potts (Purcellville, Va./Loudoun Valley)**, after she medically red shirted for the 2006 season due to an injury. Prior to injuring herself, she made six starts, pitching one complete game, while striking out 51 batters. She was a First Team All-AMCC selection in 2004 and 2005 and will be relied upon as the team's number one starting pitcher this spring.

"She was having a solid year before becoming injured," said Head Coach Wes Landrum. "She's been pitching great in preseason and I look forward to her picking up where she left off."

Senior **Amanda Griswold (Rockville, Md./Magruder)** began the 2006 season at second base, but found a home at center field for the last 17-of-19 games. She will start the season in centerfield after earning Second Team All-AMCC honors a year ago. She led the team in steals, successfully converting on 7-of-8 attempts.

"Amanda put up good stats last season, and I look for her to steal more bases this season," added Landrum.

Junior **Amanda Baldwin (Baltimore, Md./North County)** returns as the team's starting catcher. She was a 2006 Louisville Slugger/National Fastpitch Coaches Association All-Atlantic Region Third Team selection as well as a First Team All-AMCC honoree. She hit .307 with 16 RBI's and two homeruns. She led the team with 217 putouts, while boasting a .988 fielding percentage.

"I look to her to put up even more offensive numbers this year and she will battle to be the team's top hitter," stated Landrum.

Junior **Meghan Dabkowski (Eastnorthport, N.Y./Commack)** saw a move to first base last season, due



AMANDA BALDWIN

to injuries. She will return to her natural position in the outfield, as well as seeing time behind the plate this season. She hit .254 with four doubles, 15 runs scored, and 12 RBI's, while also successfully converting on all her stolen base attempts (4).

Junior **Heather Proud (Cresaptown, Md./Allegany)** is a local transfer from Allegany College of Maryland. She will likely start in the outfield and should help out on the offensive end.

Junior **Lindsay Seal (Mt. Airy, Md./Linganore)** transferred in from Frederick Community College. She should be the team's starting third baseman on opening day and is also expected to see time at catcher.

"Lindsay and Heather bring some maturity to a young team. Both have played in college and will be looked upon for their leadership and offensive abilities," said Landrum.

Junior **Lindsay Durkin (Damascus, Md./Damascus)** enters her first season as a softball player for Frostburg State University. She will be used as one of the team's pitchers, as well as in the outfield.

"She has shown a lot of improvement since the fall season," stated Landrum.



Junior **Laura Durkin (Damascus, Md./Damascus)**, twin sister of teammate Lindsay Durkin, will battle for time in both the outfield and the infield.

The team's lone sophomore, **Kaitlyn Wagner (Leesburg, Va./Loudoun County)** will see a move from second base to short stop. She finished fourth on the team in hits (34) and RBI's (16), while batting .296 in 41 games.

"Defensively, Kaitlyn will be looked at as the team's infield leader and on the offensive side, I expect her to put up better numbers," added Landrum.

The Bobcats have six freshmen on the roster, with three being asked to start right away.

**Samantha Quirin (Lovettsville, Va./Loudoun Valley)**, brings a strong arm and good swing to the team and should be the starting first baseman.

"She has great attributes and when it comes to game time, she brings everything together," said Landrum.

**Amber Macintosh (Point of Rocks, Md./Brunswick)** is one of the quickest on the team and is aware of game situations. Due to her speed, she has transformed into a slap hitter at the plate and she should see time in the

outfield this season.

**Kelly Filipowicz (Elkridge, Md./Long Reach)** and **Lindsay Freitag (Baltimore, Md./Parkville)** will both battle for time in the infield. Filipowicz is developing into a slap hitter and will compete at second base. Freitag is a natural athletic outfielder, but will battle for playing time at both second and third base.

**Katelyn Coffey (Middletown, Md./Middletown)** will be looked at as the team's second starting pitcher. She is also a solid hitter that will get a great deal of at-bats.

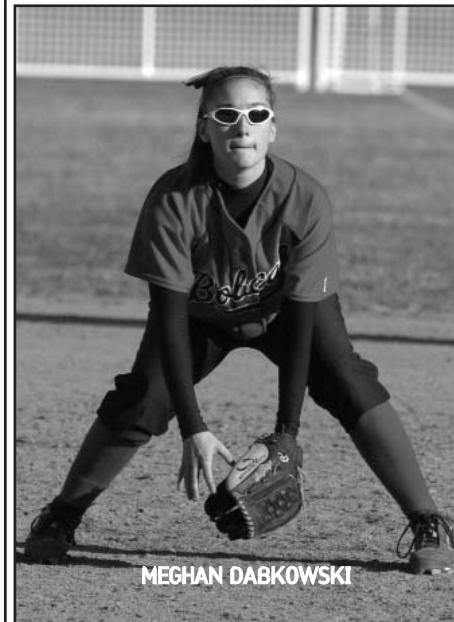
"Katelyn will benefit from playing with Lori Potts and should blossom into a great pitcher," commented Landrum.

**Leisa Bohannon (Myerstown, Pa./ELCO)** rounds out the freshman class and should compete for time in the Bobcat outfield.

Once again, FSU is set to play one of the most difficult schedules in recent history. The Bobcats open up against Division III defending national champion Rutgers-Camden in the Atlantic vs. East Challenge at Virginia Beach. The team will also play Rowan in the tournament, which finished 41-7 last season and ranked second in the east regional rankings.

The AMCC looks to be tough once again this year, with Penn State Behrend and Pitt-Bradford leading the pack. PSB defeated Bradford last season to claim the AMCC title, getting the automatic bid to get into the NCAA Tournament, whereas Pitt-Bradford was awarded an at-large bid.

"I expect Penn State Behrend and Pitt-Bradford to be very tough games," stated Landrum. "Bradford has been to the NCAA's three years in a row, while winning the conference three of the last four seasons. I think this season we will surprise some people. We are young, but very athletic and skilled."



MEGHAN DABKOWSKI



2007 FROSTBURG STATE UNIVERSITY SOFTBALL ROSTER

No.	Name	Yr.	Pos.	B/I	Hometown/High School (Prev. College)
1	Laura Durkin	Jr.	OF	R/R	Damascus, Md./Damascus
2	Lori Potts	Sr.	P/OF	L/R	Purcellville, Va./Loudoun Valley
3	Kaitlyn Wagner	So.	SS	R/R	Leesburg, Va./Loudoun County
4	Amber Macintosh	Fr.	OF	L/R	Point of Rocks, Md./Brunswick
5	Amanda Griswold	Sr.	CF	R/R	Rockville, Md./Magruder
6	Lindsay Seal	Jr.	3B/C	R/R	Mt. Airy, Md./Linganore (Frederick C.C)
7	Katelyn Coffey	Fr.	P/INF	R/R	Middletown, Md./Middletown
8	Amanda Baldwin	Jr.	C	R/R	Baltimore, Md./North County
9	Meghan Dabkowski	Jr.	C/OF	R/R	Eastnorthport, N.Y./Commack
10	Lindsay Durkin	Jr.	P	R/R	Damascus, Md./Damascus
11	Kelly Filipowicz	Fr.	INF	L/R	Elkridge, Md./Long Reach
12	Lindsay Freitag	Fr.	INF	R/R	Baltimore, Md./Parkville
14	Heather Proud	Jr.	OF	R/R	Cresaptown, Md./Allegany (Allegany C.C.)
15	Samantha Quirin	Fr.	INF	R/R	Lovettsville, Va./Loudoun Valley
17	Liesa Bohannon	Fr.	OF	R/R	Myerstown, Pa./ELCO

Head Coach: Wes Landrum, Frostburg State 2000 (Second Season)

Assistant Coach: Stacie Reichart, Gardner-Webb 2005 (Second Season)



**Amanda Baldwin**  
Jr. • C  
Baltimore, Md.  
North County

2006: 2006 Louisville Slugger/National Fastpitch Coaches Association All-Atlantic Region Third Team Selection ... First Team All-Allegheny Mountain Collegiate Conference honoree... Started all 42 games ... Hit .307 and led the Bobcats with 30 runs scored and 217 putouts ... Third on the team in at bats (127), hits (39) and RBIs (16) ... Had six doubles and two homeruns ... Went 4-for-5 with four runs scored, three RBIs, two doubles and a homerun against Hilbert (4/2) ... 2005: Appeared in 34 games making 29 starts ... She hit .217 with 20 hits, 11 runs and six RBIs ... Second on the team with 99 putouts and third in fielding percentage (.984) ... Prior to FSU: Member of two Class 4A state championships (sophomore and junior years) ... Earned seven varsity letters — four in softball and three in field hockey — at North County ... Personal: Born September 16, 1986 ... Daughter of Tony and Michelle Baldwin ... Majoring in English with a minor in writing.



**Liesa Bohannon**  
Fr. • INF  
Myerstown, Pa.  
ELCO

Prior to FSU: Earned five varsity letters- three in softball and two in field hockey ... Academic All-Star in field hockey (2005) ... Personal: Born July, 9 1988 ... Daughter of Dale and Karen Bohannon ... Undecided on a major.



**Katelyn Coffey**  
Fr. • P/INF  
Middletown, Md.  
Middletown

Prior to FSU: Earned three varsity letters in softball at Middletown ... Captain her junior and senior years in softball ... Second-team All-Area (2005) ... First-team All-Area (2006) ... Personal: Born September 30, 1988 ... Daughter of John and Connie Coffey ... Majoring in early childhood education.



**Meghan Dabkowski**  
Jr. • C/OF  
Eastnorthport, N.Y.  
Commack

2006: Started all 42 games ... Second on the team in putouts (190), third in walks (13) and stolen bases (4) and fifth in hits (30) ... Hit .254 with four doubles, 15 runs scored, 13 walks and 12 RBIs ... Had best game against Mary Baldwin (5/1), going 5-for-5 with four RBIs, two doubles and two runs scored ... 2005: Played in 28 games with 21 starts ... Hit .210 with 13 hits, five RBIs and seven runs ... Third on the team in fielding percentage (.972) with 61 putouts ... Prior to FSU: Earned two varsity letters at Commack — one each in softball and basketball ... Personal: Born May 5, 1986 ... Daughter of Robert and Ann Marie Dabkowski ... Majoring in criminal justice and psychology.



**Laura Durkin**  
Jr. • OF  
Damascus, Md.  
Damascus

Prior to FSU: Earned one varsity letter in cheerleading ... Sportmanship Award Recipient (2001, 2002, 2004) ... Honor Roll (2001-2004) ... Personal: Born June 21, 1986 ... Daughter of Thomas and Rose Durkin ... Majoring in law & society with a concentration in criminal justice.



**Lindsay Durkin**  
Jr. • P  
Damascus, Md.  
Damascus

Prior to FSU: Earned one varsity letter in cheerleading ... Sportmanship Award Recipient (2001, 2002) ... Honor Roll (2001-2004) ... Personal: Born June 21, 1986 ... Daughter of Thomas and Rose Durkin ... Majoring in health and physical education.



**Kelly Filipowicz**  
Fr. • INF  
Elkridge, Md.  
Long Reach

Prior to FSU: Earned ten varsity letters at Long Reach- four in field hockey, four in softball, and two in basketball ... Physical Education and Yearbook Award (2005) ... Coaches Award for softball (2006) ... Captain for field hockey and softball in 2006 ... Personal: Born March 5, 1988 ... Daughter of Peter and Susan Filipowicz ... Undecided on a major.



**Lindsay Freitag**  
Fr. • INF  
Baltimore, Md.  
Parkville

**Prior to FSU:** Earned 10 varsity letters- four in softball, three in soccer and three in basketball at Parkville ... First-team All Division, All-County, and Second-team All-Metro in softball her junior and senior year ... **Personal:** Born April 22, 1988 ... Daughter of James and Stephanie Sauter ... Majoring in health and physical education with a minor in coaching.



**Amanda Griswold**  
Sr. • CF  
Rockville, Md.  
Magruder

**2006:** Second Team All-AMCC selection as an outfielder ... Started all 42 games while hitting .307 ... She led FSU in at bats (137), stolen bases (7) and triples (2) and also was second in hits (42) and third in runs (23) ... Best game against Mt. Aloysius (3/28), 3-for-3 with three runs scored, one RBI, one double, one walk and two stolen bases ... **2005:** Appeared in 36 games with 34 starts ... Had a .214 batting average while recording 21 hits including seven doubles ... Scored 22 runs and knocked in five ... Second on the team with two steals ... Recorded two hits, scored three runs with two RBIs and a double in a win over Hilbert (5/6) in the opening round of the AMCC Tournament ... **2004:** Appeared in 37 games with 31 starts ... Hit .252 with a double and a triple ... Scored 21 runs and drove in 11 ... Drew 10 walks and added seven sacrifice bunts ... Posted a .924 fielding percentage ... Doubled and scored the lone run in a 1-0 win at Pitt-Bradford (4/10) ... Went 3-for-4 with three runs and one RBI in an 11-8 win over Penn State Altoona in the AMCC Tournament (5/1) ... **Prior to FSU:** Earned varsity letters in field hockey and softball at Magruder ... Field hockey team MVP and Best Offensive Player as a sophomore ... Softball Best Defensive Player as a sophomore and senior ... Washington Post All-Met honorable mention selection as a senior ... Honor Roll all four years ... Member of the National Honor Society ... **Personal:** Born May 18, 1985 ... Daughter of Gary and Lore Griswold ... Majoring in social sciences.



**Amber Macintosh**  
Fr. • OF  
Point of Rocks, Md.  
Brunswick

**Prior to FSU:** Earned four varsity letters- two in volleyball and two in softball at Brunswick ... Second-team All-Area in softball ... **Personal:** Born February 9, 1988 ... Daughter of Chuck Blough and Kim Macintosh-Blough ... Majoring in business.



**Lori Potts**  
Sr. • P/OF  
Purcellville, Va.  
Loudoun Valley

**2006:** Earned Medical Redshirt ... **2005:** Earned First Team All-AMCC honors as an outfielder for the second-straight year ... Appeared in 35 games with 33 starts ... Ranked 46th in the country in batting average (.448) ... Tied for third in the conference in doubles (10) and was fourth in runs (27) ... Finished the season fifth in the conference in batting average (.448) ... Was second on the team in triples (2), slugging percentage (.594), hits (43), and runs (27) ... As a pitcher, she finished the season with a 4-5 overall record ... She appeared in 63.1 innings with a 3.32 ERA ... She struckout 23 batters and allowed just 15 walks ... Had her best game in the opening round of the AMCC tournament against Hilbert with two hits, two runs, three RBIs and two doubles ... **2004:** Earned first-team All-AMCC honors as an outfielder ... One of only three Bobcats to play in all 40 games ... Finished second on the team in batting average (.343), slugging percentage (.407), hits (37), RBI (20) and total bases (44) ... Went 14-6 with a 3.07 ERA and 13 complete games ... Tossed a school-record five shutouts ... Struck out 57 and walked 19 in 111.2 innings ... Her 14 victories are a single-season school record and already rank third on the FSU career list ... Was 5-0 with a 1.80 ERA against AMCC opponents in the regular season ... Had 12 multi-hit games ... Went 4-for-4 with two RBI, a run scored and a stolen base and allowed eight hits and three earned runs in an 8-3 win over Penn State Altoona (4/9) ... Gave up just four singles and struck out four in a thrilling 1-0 shutout of Pitt-Bradford (4/10) ... Named AMCC Pitcher of the Week once (4/12) ... Was 2-for-3 with a career-high three RBI in an 8-0 shutout of La Roche (4/18) ... Allowed just two hits and struck out a career-high 10 in an 8-0 victory against Wells (3/21) ... Tossed three straight shutouts ... **Prior to FSU:** Earned four varsity letters — two each in volleyball and softball — at Loudoun Valley High School ... Helped lead the Viking softball team to a 22-1-1 record and the Virginia Group AA State Championship as a senior ... Team finished ranked No.1 by the Washington Post ... Earned first-team all-district, first-team all-region and honorable mention all-state honors ... Named the LVHS Female Athlete of the Year ... Also helped LVHS win the volleyball state title as a junior ... Earned numerous academic honors and was involved in a number of school and community service organizations ... **Personal:** Born July 15, 1985 ... Daughter of Dennis and Pam Potts ... Majoring in english education with a minor in sociology.



**Heather Proud**  
Jr. • OF  
Cresaptown, Md.  
Allegany (Allegany)

**Prior to FSU:** Attended Allegany College, playing softball in 2005 and 2006 ... Earned one varsity letter at Allegany High School ... **Personal:** Born June 24, 1986 ... Daughter of Larry and Cindy Proud ... Undecided on a major.



**Samantha Quirin**  
Fr. • INF  
Lovettsville, Va.  
Loudoun Valley

**Prior to FSU:** Earned four varsity letters - two in volleyball and two in softball - while at Loudoun Valley ... **Personal:** Born July 21, 1988 ... Daughter of Mike and Cerry Quirin ... Majoring in physical education.



**Lindsay Seal**  
Fr. • INF  
Mount Airy, Md.  
Linganore (Frederick)

**Prior to FSU:** Attended Frederick Community College earning Academic All-American and Second-team All-Area in softball ... Earned seven varsity letters at Linganore- four in softball, three in field hockey ... Second-team All-Area (2004) in softball ... First-team All-Area and MVP (2004) for field hockey ... **Personal:** Born June 6, 1986... Daughter of Tim and Dianne Roberts ... Majoring in political science.



**Kaitlyn Wagner**  
So. • SS  
Leesburg, Va.  
Loudoun County

**2006:** Played in 41 games with 38 starts ... Finished fourth on the team in hits (34) and RBIs (16) and fifth in at bats (115) and total bases (36) ... Hit .296, scored 15 runs and had 48 assists and 57 putouts ... Went 3-for-4 against Mary Baldwin (5/1) with five runs scored, two RBIs and one walk ... **Prior to FSU:** Earned three varsity letters at Loudoun County ... **Personal:** Born May 14, 1987... Daughter of Roy and Stacey Wagner ... Majoring in elementary education with a concentration in social studies.



Kaitlyn Wagner



Date	Opponent	W/L	Score	Pitcher (Record)
Mar. 3	vs. Christopher Newport !	W	10-9	Cook (W/1-0)
Mar. 3	vs. Salisbury !	L	0-3	Potts (L/0-1)
Mar. 4	vs. Juniata !	W	5-4	Cook (W/2-0)
Mar. 4	vs. Lynchburg	L	3-7	Potts (L/0-2)
Mar. 18	vs. Ohio Valley #	L	2-6	Potts (L/0-3)
Mar. 18	vs. Emory & Henry #	W	4-1	Cook (W/3-0)
Mar. 19	vs. Ferrum #	L	0-8 (5 inn)	Potts (L/0-4)
Mar. 19	vs. Roanoke #	L	0-10 (5 inn)	Potts (L/0-5)
Mar. 20	at Bridgewater	L	2-8	Potts (L/0-6)
Mar. 20	at Bridgewater	L	1-9 (6 inn)	Cooks (L/3-1)
Mar. 26	Medaille *	W	2-1 (9 inn)	Cook (W/4-1)
Mar. 26	Medaille *	W	5-3	Cook (W/5-1)
Mar. 27	Shenandoah	W	3-2	Cook (W/6-1)
Mar. 27	Shenandoah	L	1-5	Cook (L/6-2)
Mar. 29	at Mt. Aloysius *	W	9-0 (5 inn)	Cook (W/7-2)
Mar. 29	at Mt. Aloysius *	W	19-4	Cook (W/8-2)
Apr. 2	at Hilbert *	W	13-4	Cook (W/9-2)
Apr. 2	at Hilbert *	W	13-5 (5 inn)	Cook (W/10-2)
Apr. 6	Pitt-Greensburg *	W	8-0	Cook (W/11-2)
Apr. 6	Pitt-Greensburg *	W	2-1	Cook (W/12-2)
Apr. 9	Penn State Behrend *	W	3-0	Cook (13-2)
Apr. 9	Penn State Behrend *	L	1-3	Seyler (L/0-1)
Apr. 10	at Juniata	W	10-5	Cook (W/14-2)
Apr. 10	at Juniata	W	8-6	Cook (W/15-2)
Apr. 15	at Lake Erie *	L	1-2	Cook (W/15-3)
Apr. 15	at Lake Erie *	L	2-11 (5 inn)	Seyler (L/0-2)
Apr. 16	Pitt Bradford *	L	0-1	Cook (L/15-4)
Apr. 16	Pitt-Bradford *	L	0-8 (5 inn)	Seyler (L/0-3)
Apr. 18	at Penn State Altoona *	W	3-2	Cook (W/16-4)
Apr. 18	at Penn State Altoona *	W	7-1	Cook (W/17-4)
Apr. 26	La Roche *	W	3-0	Cook (W/18-4)
Apr. 26	La Roche *	W	5-1	Cook (W/19-4)
Apr. 27	at Washington & Jefferson	L	3-10	Cook (L/19-5)
Apr. 27	at Washington & Jefferson	L	2-7	Seyler (L/0-4)
Apr. 29	La Roche &	W	4-3	Cook (W/20-5)
Apr. 29	La Roche &	W	1-0	Cook (W/21-5)
May 1	at Mary Baldwin	W	9-0	Cook (W/22-5)
May 1	at Mary Baldwin	W	19-0 (5 inn)	Seyler (W/1-4)
May 2	at Hood	W	3-1	Cook (W/23-5)
May 2	at Hood	L	1-2	Cook (L/23-6)
May 5	at Penn State Behrend %	L	0-3	Cook (L/23-7)
May 5	vs. Lake Erie %	L	1-3	Cook (L/23-8)

\* Allegheny Mountain Collegiate Conference games  
& AMCC Tournament - First Round

! Atlantic vs. East Challenge - City View Park - Virginia Beach, Va.

% AMCC Tournament - at Penn State Behrend - Erie, Pa.

# Ferrum Tournament



2006 FROSTBURG STATE UNIVERSITY SOFTBALL STATISTICS

24-18 Overall, 13-5 AMCC

BATTING

Player	AVG	GP-GS	AB	R	H	2B	3B	HR	RBI	TB	SLG%	BB	HBP	SO	GDP	OB%	SF	SH	SB-A
Brown Trish	.556	6-6	18	6	10	3	0	2	12	19	1.056	3	1	2	0	.636	0	1	0-0
Bryden Molly	.360	22-12	25	9	9	0	0	0	5	9	.360	5	0	5	0	.452	1	0	1-1
Seyler Bethany	.344	42-42	131	28	45	14	0	3	25	68	.519	15	2	23	1	.419	0	1	5-6
Baldwin Amanda	.307	42-42	127	30	39	6	0	2	16	51	.402	17	0	12	0	.386	1	3	0-1
Griswold Amanda	.307	42-42	137	23	42	7	2	0	9	53	.387	10	0	26	0	.354	0	6	7-8
Wagner Kaitlyn	.296	41-38	115	15	34	2	0	0	16	36	.313	7	0	11	0	.336	0	2	1-1
Smith Jessica	.260	38-38	104	13	27	8	0	0	14	35	.337	6	0	14	1	.300	0	5	4-4
Dabkowski Meghan	.254	42-42	118	15	30	4	0	0	12	34	.288	13	0	13	1	.328	0	3	4-4
Burner Megan	.240	39-33	75	13	18	1	1	2	11	27	.360	2	0	25	0	.256	1	4	0-0
Savoie Sarah	.219	40-40	105	18	23	5	0	0	13	28	.267	7	2	25	0	.278	1	5	0-0
Ratliff Lydia	.216	36-33	102	6	22	3	0	1	13	28	.275	5	0	21	0	.252	0	2	0-1
Potts Lori	.136	11-10	22	3	3	2	0	0	1	5	.227	4	2	6	0	.321	0	4	0-0
Cook Jen	.000	7-5	5	0	0	0	0	0	0	0	.000	1	0	2	0	.167	0	1	0-0
Totals	.279	42-42	1119	183	312	60	3	11	154	411	.367	96	7	194	3	.339	4	37	22-26
Opponents	.247	42-42	1065	159	263	57	5	15	140	375	.352	83	3	276	5	.302	4	37	16-21

LOB - Team (274), Opp (221). DPs turned - Team (5), Opp (3). CI - Team (0), Opp (1), IBB- Team (1), Baldwin

PITCHING

Player	ERA	W-L	G/GS	CG	SH	SV	IP	H	R	ER	BB	SO	2B	3B	HR	AB	Avg	WP	HBP	BK	SF/SH
Cook Jen	2.04	23-8	39/25	23	5/1	0	209.2	165	90	61	48	249	38	3	9	785	.210	11	2	1	4/24
Potts Lori	6.21	0-6	8/6	1	0/0	2	32.2	51	37	29	19	19	9	0	5	148	.345	2	1	0	0/7
Seyler Bethany	6.28	1-4	12/11	1	1/1	0	29.0	47	32	26	16	8	10	2	1	132	.356	2	0	0	0/6
Totals	2.99	24-18	42/42	25	7/1	2	271.1	263	159	116	83	276	57	5	15	1065	.247	15	3	1	4/37
Opponents	3.66	18-24	42/42	28	6/1	0	269.2	312	183	141	96	194	60	3	11	1119	.279	23	7	1	4/37

PB - Team (6), Burner 4, Dabkowski 2, Opp (14). Pickoffs - Team (1), Seyler 1, Opp (1). SBA/ATT - Cook (11-16), Baldwin (11-14), Burner (5-5), Seyler (5-5).



## 2006 AMCC SOFTBALL FINAL STANDINGS

Team	AMCC	Overall
Penn State Behrend	16-2	34-10
Pitt-Bradford	16-2	35-9
Lake Erie	14-4	26-16-1
Frostburg State	13-5	24-18
La Roche	8-10	20-15
Medaille	7-11	18-25
Penn State Altoona	5-13	7-15
Pitt-Greensburg	4-14	5-27
Hilbert	4-12	8-23
Mt. Aloysius	1-13	4-16

## 2006 AMCC SOFTBALL TOURNAMENT

(at Penn State Behrend - Erie, Pa.)

### Friday, May 5

#1 Penn State Behrend 3, #4 Frostburg State 0

#2 Pitt-Bradford 1, #3 Lake Erie 0 (8 innings)

#3 Lake Erie 3, #4 Frostburg State 1

### Saturday, May 6

#1 Penn State Behrend 3, #2 Pitt-Bradford 2

#2 Pitt-Bradford 4, #3 Lake Erie 3

### Sunday, May 8

#2 Pitt-Bradford 4, #1 Penn State Behrend 1

#1 Penn State Behrend 5, #2 Pitt-Bradford 0

Penn State Behrend wins 2006 AMCC Championship

## AMCC PLAYERS OF THE WEEK

Mar. 13	Brittany McLean	Penn State Behrend
Mar. 20	Kimberly Moore	La Roche
Mar. 27	Kristen Seger	Lake Erie
Apr. 3	<b>Amanda Griswold</b>	<b>Frostburg State</b>
Apr. 10	<b>Bethany Seyler</b>	<b>Frostburg State</b>
Apr. 17	Brittney Binko	Lake Erie
Apr. 24	Sarah Miller	Lake Erie
May 1	Kristen Macha	Penn State Behrend
May 8	Jamie Keane	Pitt-Bradford

## AMCC PITCHERS OF THE WEEK

Mar. 13	Julie Koman	Penn State Behrend
Mar. 20	Sarah Miller	Lake Erie
Mar. 27	<b>Jen Cook</b>	<b>Frostburg State</b>
Apr. 3	Julie Koman	Penn State Behrend
Apr. 10	<b>Jen Cook</b>	<b>Frostburg State</b>
Apr. 17	Mallory Kane	Pitt-Bradford
Apr. 24	Ashley Johnson	Lake Erie
May 1	Julie Koman	Penn State Behrend
May 8	Julie Koman	Penn State Behrend

## 2006 AMCC SOFTBALL HONORS

### FIRST TEAM

<i>Pitcher</i>	<i>Jen Cook</i>	<i>Frostburg State</i>
Pitcher	Julie Koman	Penn State Behrend
<i>Catcher</i>	<i>Amanda Baldwin</i>	<i>Frostburg State</i>
First Base	Kristen Macha	Penn State Behrend
Second Base	Nikki Kaschauer	Penn State Behrend
Third Base	Kelly Welsh	Pitt-Greensburg
<i>Shortstop</i>	<i>Bethany Seyler</i>	<i>Frostburg State</i>
Outfield	Catrina Retterer	Pitt-Bradford
Outfield	Katie Whitby	Penn State Behrend
Outfield	Michelle Kushner	Pitt-Bradford
Des. Player	Kim Moore	La Roche

### SECOND TEAM

Pitcher	Ashley Johnson	Lake Erie
Pitcher	Kristy Zavinski	Pitt-Bradford
Catcher	Amber Fie	Hilbert
First Base	Sarah Miller	Lake Erie
Second Base	Kara Kelosky	La Roche
Third Base	Michelle Pushinsky	Pitt-Bradford
Shortstop	Jessica Hedrick	Lake Erie
Outfield	Jen Dodge	Lake Erie
Outfield	Jessica Shaffer	La Roche
<i>Outfield</i>	<i>Amanda Griswold</i>	<i>Frostburg State</i>
Des. Player	Kelly Houghton	Penn State Behrend

### HONORABLE MENTION

Pitcher	Michelle Peruzzini	Medaille
Pitcher	Mallory Kane	Pitt-Bradford
Catcher	Jessica Keane	Pitt-Bradford
First Base	Maggie Wilcox	Medaille
Second Base	Amanda Shomo	Penn State Altoona
Third Base	Brittney Binko	Lake Erie
Shortstop	Brittney McLean	Pitt-Bradford
Outfield	Amanda Bressler	La Roche
Outfield	Aubrey Reed	Penn State Altoona
Outfield	Stacey Weakland	Mount Aloysius
Des. Player	Crystal Limpert	Lake Erie

### NEWCOMER OF THE YEAR

Julie Koman, Penn State Behrend

### PLAYER OF THE YEAR

Julie Koman, Penn State Behrend

### COACH OF THE YEAR

Stacy Pondo, Penn State Behrend

## OFFENSIVE

Games	Player	Team	Year
1T.	Bethany Seyler	Frostburg State	2006
	Amanda Baldwin	Frostburg State	2006
	Amanda Griswold	Frostburg State	2006
	Meghan Dabkowski	Frostburg State	2006
5.	Kaitlyn Wagner	Frostburg State	2006
6T.	Sarah Savoye	Penn State Behrend	2006
	Megan Burner	Penn State Behrend	2004
	Lori Potts	Pitt-Greensburg	2004
	Stephanie Zych	Frostburg State	2004
10T.	Megan Burner	Penn State Behrend	2006
	Sarah Savoye	Penn State Behrend	2004
	Jessica Smith	Pitt-Bradford	2006

### At-Bats

1.	Amanda Griswold	137	2006
2.	Bethany Seyler	131	2006
3.	Amanda Baldwin	127	2006
4.	Meghan Dabkowski	118	2006
5T.	Amanda Boswell	115	2005
	Stephanie Zych	115	2004
	Kaitlyn Wagner	115	2006
8.	Trish Brown	113	2005
9.	Sarah Savoye	112	2004
10.	Trish Brown	109	2004

### Runs Scored

1.	Alisa Rugg	36	1999
2T.	Trish Brown	34	2004
	Sarah Gentile	34	1997
4T.	Crystal Carter	33	1999
	Amber Waltz	33	2000
6T.	Karen Michaels	32	1998
	H. Vanderwende	32	1998
8T.	Jackie Chaney	31	1999
	Steph Walker	31	1998
10.	Amanda Baldwin	30	2006

### Hits

1.	Trish Brown	51	2004
2.	Trish Brown	48	2005
3.	Bethany Seyler	45	2006
4.	Lori Potts	43	2005
5T.	Amanda Griswold	42	2006
	Alisa Rugg	42	1998
7.	Amber Waltz	41	2000
8.	Jill Baker	40	1998
9.	Amanda Baldwin	39	2006
10T.	Amber Waltz	38	1998
	Jackie Chaney	38	1999

### Doubles

1.	Amber Waltz	15	1998
	Bethany Seyler	14	2006
3.	Amber Waltz	14	2000
4T.	Trish Brown	12	2004
	Ashley Martin	12	2003
6T.	Lori Potts	10	2005

Trish Brown	10	2005
Shannon Rexrode	10	2000
Jackie Chaney	10	1999
Alisa Rugg	10	1999
Krissy Jackson	10	2002

### Triples

1.	Alisa Rugg	5	1999
2T.	Crystal Carter	4	1999
	Krissy Jackson	4	1999
	Sarah Gentile	4	1997
	Amber Waltz	4	2001
6T.	Trish Brown	3	2005
	Amber Waltz	3	1998
8T.	Amanda Griswold	2	2006
	Lori Potts	2	2005
	H. Vanderwende	2	1998
	Karen Michaels	2	1998
	Kirsten Gitt	2	1998
	Amber Waltz	2	2000
	Ashley Martin	2	2003
	Trish Brown	2	2003
	Raelee Casazza	2	2003
	Trish Brown	2	2004
	Krystal Dixon	2	2004
	Shannon Rexrode	2	2001

### Home Runs

1T.	Trish Brown	6	2004
	Sarah Gentile	6	1997
3.	Amber Waltz	5	2000
4T.	Trish Brown	4	2005
	Ashley Martin	4	2003
	Krissy Jackson	4	2002
7T.	Trish Brown	3	2006
	Bethany Seyler	3	2006
	Shannon Rexrode	3	2000
10T.	Amanda Baldwin	2	2006
	Megan Burner	2	2006
	Amber Waltz	2	1998
	Shannon Rexrode	2	2001
	Amber Waltz	2	2001
	Trish Brown	2	2003

### Runs Batted In

1.	Trish Brown	38	2005
2T.	Trish Brown	35	2004
	Ashley Martin	35	2003
4.	Jackie Chaney	33	1999
5.	Alisa Rugg	30	1999
6T.	Amber Waltz	28	1999
	Krissy Jackson	28	2002
8T.	Kim Schrader	27	1998
	Krissy Jackson	27	1999
10.	Amber Waltz	26	2000

### Extra Base Hits

1.	Amber Waltz	21	2000
2T.	Trish Brown	20	2004
	Amber Waltz	20	1998
4.	Ashley Martin	18	2003
5T.	Bethany Seyler	17	2006
	Trish Brown	17	2005
7.	Alisa Rugg	16	1999

8.	Sarah Gentile	15	1997
9T.	Shannon Rexrode	14	2000
	Krissy Jackson	14	2002

### Total Bases

1.	Trish Brown	85	2004
2.	Trish Brown	76	2005
3.	Amber Waltz	74	2000
4.	Bethany Seyler	68	2006
5T.	Alisa Rugg	65	1999
	Amber Waltz	65	1998
7.	Sarah Gentile	62	1997
8.	Ashley Martin	60	2003
9T.	Lori Potts	57	2005
	Krissy Jackson	57	2002

### Batting Average (Min. 50 At Bats)

1.	Krissy Jackson	.515 (35-68)	2002
2.	Trish Brown	.468 (51-109)	2004
3.	Alisa Rugg	.462 (42-91)	1999
4.	Amber Waltz	.452 (38-84)	1998
5.	Lori Potts	.448 (43-96)	2005
6.	Lori Winebrenner	.431 (25-58)	2000
7T.	Amber Waltz	.427 (41-96)	2000
	Jackie Chaney	.427 (38-89)	1999
9.	Trish Brown	.425 (48-113)	2005
10.	Jill Baker	.412 (40-97)	1998

### Slugging Percentage (Min. 50 At Bats)

1.	Krissy Jackson	.838 (57-68)	2002
2.	Trish Brown	.780 (85-109)	2004
3.	Amber Waltz	.774 (65-84)	1998
4.	Amber Waltz	.771 (74-96)	2000
5.	Ashley Martin	.750 (60-80)	2003
6.	Alisa Rugg	.714 (65-91)	1999
7.	Sarah Gentile	.713 (62-87)	1997
8.	Trish Brown	.698 (37-53)	2006
9.	Trish Brown	.673 (76-113)	2005
10.	Shannon Rexrode	.671 (47-70)	2000

### Walks

1.	Crystal Carter	20	1999
2T.	Amanda Baldwin	17	2006
	Lori Potts	17	2005
	Jen Vance	17	2002
5T.	Trish Brown	16	2004
	Stephanie Zych	16	2002
7T.	Bethany Seyler	15	2006
	Trish Brown	15	2005
	Krissy Jackson	15	2002
10T.	Renee Knotts	14	1999
	Amber Waltz	14	1998
	Amber Blackmire	14	2002
	Stephanie Zych	14	2004

### Stolen Bases

1T.	Steph Walker	16 (16-16)	1998
	Alisa Rugg	16 (16-16)	2000
3.	Amber Waltz	10 (10-12)	2000
4T.	Karen Michaels	9 (9-9)	1999
	Karen Michaels	9 (9-11)	1998
6T.	Erin King	8 (8-8)	1998
	Amber Waltz	8 (8-8)	1998
	Karen Michaels	8 (8-8)	1997
9T.	Amanda Griswold	7 (7-8)	2006
	Amanda Boswell	7 (7-8)	2005

1996 and some 1997 stats not available

# SINGLE-SEASON RECORDS



## PITCHING

### Games

1.	Jen Cook	.39	2006
2.	Andria Cook	.27	2004
3.	Lori Potts	.22	2004
4T.	Jen Cook	.20	2005
	Mandy Kessinger	.20	2001
6.	Alisa Rugg	.19	1999
7T.	Lori Potts	.16	2005
	Jessica Paugh	.16	1998
	Alisa Rugg	.16	1998
10T.	Shannon Sturtz	.15	2005
	Alisa Rugg	.15	2000
	Jen Vance	.15	2002

### Starts

1.	Jen Cook	.25	2006
2.	Andria Cook	.23	2004
3T.	Lori Potts	.17	2004
	Mandy Kessinger	.17	2001
5.	Alisa Rugg	.16	1999
6T.	Jen Cook	.15	2005
	Alisa Rugg	.15	2000
8T.	Jessica Paugh	.14	1998
	Alisa Rugg	.14	1998
	Renee Knotts	.14	2001

### Innings

1.	Jen Cook	.209.2	2006
2.	Andria Cook	.140.2	2004
3.	Mandy Kessinger	.120.1	2001
4.	Lori Potts	.111.2	2004
5.	Alisa Rugg	.107.0	1999
6.	Alisa Rugg	.89.2	2000
7T.	Jen Cook	.87.1	2005
	Jessica Paugh	.87.1	1998
9.	Alisa Rugg	.81.2	1998
10.	Jen Vance	.81.0	2002

### Complete Games

1.	Jen Cook	.23	2006
2.	Andria Cook	.18	2004
3.	Mandy Kessinger	.17	2001
4.	Alisa Rugg	.16	1999
5T.	Alisa Rugg	.13	2000
	Jessica Paugh	.13	1998
	Lori Potts	.13	2004
8T.	Alisa Rugg	.12	1998
	Jen Vance	.12	2002
10T.	Jennifer Wolfe	.11	2000
	Jessica Paugh	.11	1997
	Renee Knotts	.11	2001

### Shutouts

1T.	Jen Cook	.5	2006
	Jen Cook	.5	2005
	Lori Potts	.5	2004
4T.	Jessica Paugh	.3	1998
	Alisa Rugg	.3	1999

Mandy Kessinger	.3	2001	
7T.	Alisa Rugg	.2	2000
	Alisa Rugg	.2	1998
	Andria Cook	.2	2004

### Strikeouts

1.	Jen Cook	.249	2006
2.	Jen Cook	.87	2005
3.	Alisa Rugg	.61	1999
4.	Andria Cook	.58	2004
5T.	Mandy Kessinger	.57	2001
	Lori Potts	.57	2004
7.	Katie Nelson	.55	2003
8.	Jen Vance	.49	2002
9.	Alisa Rugg	.38	2000
10.	Jessica Paugh	.32	1998

### Wins

1.	Jen Cook	.23	2006
2.	Lori Potts	.14	2004
3.	Andria Cook	.12	2004
4T.	Jessica Paugh	.10	1998
	Alisa Rugg	.10	1998
	Alisa Rugg	.10	1999
7T.	Jen Cook	.8	2005
	Alisa Rugg	.8	2000
	Mandy Kessinger	.8	2001
10.	Jennifer Wolfe	.7	2000

### Earned Run Average (Min. 30 Inn.)

1.	Mandy Kessinger	.140	2001
2.	Jen Cook	.204	2006
3.	Jen Cook	.256	2005
4.	Andria Cook	.259	2004
5.	Jessica Paugh	.273	1998
6.	Alisa Rugg	.274	1998
7.	Katie Nelson	.279	2003
8.	Jen Vance	.299	2003
9T.	Shannon Sturtz	.307	2005
	Lori Potts	.307	2004

### Strikeouts/Seven Inn. (Min. 30 Inn.)

1.	Jen Cook	.831	2006
2.	Jen Cook	.705	2005
3.	Katie Nelson	.569	2003
4.	Jan Vance	.423	2002
5.	Alisa Rugg	.399	1999
6.	Lori Potts	.357	2004
7.	Shannon Sturtz	.343	2005
8.	Mandy Kessinger	.332	2001
9.	Crystal Carter	.324	1999
10.	Alisa Rugg	.298	2000

### Fewest Hits/Seven Inn. (Min. 30 Inn.)

1.	Jen Cook	.551	2006
2.	Jen Cook	.577	2005
3.	Mandy Kessinger	.664	2001
4.	Alisa Rugg	.700	1998
5.	Jessica Paugh	.708	1998
6.	Katie Nelson	.724	2003
7.	Lori Potts	.752	2004
8.	Alisa Rugg	.800	2000
9.	Jen Vance	.865	2003
10.	Andria Cook	.876	2004

### Fewest Walks/Seven Inn. (Min. 30 Inn.)

1.	Shannon Sturtz	.061	2005
2.	Andria Cook	.105	2004
3.	Lori Potts	.119	2004
4.	Katie Nelson	.134	2003
5.	Jen Cook	.161	2006
6.	Lori Potts	.165	2005
7.	Jen Cook	.168	2005
8.	Jennifer Wolfe	.177	2000
9.	Marcia Sefcik	.205	1997
10.	Mandy Kessinger	.221	2001

1996 and some 1997 stats  
not available



Frostburg State won its only AMCC title in 1998, the league's inaugural year.

Front Row (L-R): Alisa Rugg, Jackie Chaney, Jill Baker, Heather Vanderwende, Erin King & Karen Michaels. Back Row (L-R): Kirsten Gitt, Amber Waltz, Steph Walker, Jessica Paugh, Kim Schrader, Renee Knotts & Gretchen Herudek (Head Coach).

# CAREER RECORDS



## OFFENSIVE

### Games Played

1.	Sarah Savoye	.132	2003-2006
2.	Megan Burner	.116	2003-2006
3T.	Trish Brown	.115	2003-2006
	Stephanie Zych	.115	2001-2004
	Jessica Smith	.110	2003-2006

### At-Bats

1.	Sarah Savoye	.373	2003-2006
2.	Stephanie Zych	.365	2001-2004
3.	Trish Brown	.358	2003-2006
4.	Amanda Griswold	.338	2004-pres.
5.	Krissy Jackson	.305	1999-2002

### Runs

1.	Stephanie Zych	.92	2001-04
2.	Trish Brown	.82	2003-2006
3.	Amber Waltz	.80	1998-01
4.	Krissy Jackson	.78	1999-02
5.	Alisa Rugg	.74	1997-00

### Hits

1.	Trish Brown	.150	2003-2006
2.	Stephanie Zych	.116	2001-2004
3T.	Amber Waltz	.108	1998, 00-01
	Krissy Jackson	.108	1999-2002
5.	Sarah Savoye	.98	2003-2006

### Doubles

1T.	Amber Waltz	.35	1998, 00-01
	Trish Brown	.35	2003-2006
3T.	Stephanie Zych	.23	2001-2004
	Bethany Seyler	.23	2005-2006
	Sarah Savoye	.23	2003-2006

### Triples

1.	Amber Waltz	.9	1998, 00-01
2.	Trish Brown	.7	2003-2006
3.	Alisa Rugg	.6	1997-2000
4.	Krissy Jackson	.5	1999-2002
5.	Crystal Carter	.4	1999

### Home Runs

1.	Trish Brown	.15	2003-2006
2.	Amber Waltz	.9	1998, 00-01
3.	Sarah Gentile	.6	1997, 1999
4T.	Krissy Jackson	.5	1999-2002
	Shannon Rexrode	.5	2000-2001

### RBI

1.	Trish Brown	.111	2003-2006
2.	Krissy Jackson	.83	1999-2002
3.	Amber Waltz	.76	1998, 00-01
4.	Alisa Rugg	.60	1997-2000
5.	Kim Schrader	.59	1998-2001

### Total Bases

1.	Trish Brown	.244	2003-2006
2.	Amber Waltz	.188	1998, 00-01
3.	Krissy Jackson	.153	1999-2002
4.	Stephanie Zych	.141	2001-2004

5.	Alisa Rugg	.125	1997-2000
----	------------	------	-----------

### Batting Average (Min. 200 At-Bats)

1.	Trish Brown	.419	2003-2006
2.	Amber Waltz	.397	1998, 00-01
3.	Lori Potts	.367	2004-pres.
4.	Richelle Foor	.389	2002-2003
5.	Steph Walker	.365	1996-1998

### Slugging Pct. (Min. 200 At-Bats)

1.	Amber Waltz	.691	1998-2001
2.	Trish Brown	.682	2003-2006
3.	Alisa Rugg	.517	1997-2000
4.	Krissy Jackson	.502	1999-2002
5.	Lori Potts	.469	2004-pres.

### Walks

1.	Stephanie Zych	.48	2001-2004
2T.	Krissy Jackson	.40	1999-2002
	Trish Brown	.40	2003-2006
4.	Amanda Griswold	.31	2004-pres.
5.	Lori Potts	.30	2004-pres.

### Stolen Bases

1T.	Karen Michaels	.26	1997-1999
	Alisa Rugg	.26	1997-2000
3.	Steph Walker	.21	1996-1998
4.	Amber Waltz	.20	1998, 00-01
5.	Krissy Jackson	.15	1999-2002

### Sacrifice Flies

1.	Krissy Jackson	.7	1999-2002
2.	Amber Waltz	.6	1998, 00-01
3T.	Kirsten Gitt	.3	97-98, 2000
	Lori Winebrenner	.3	2000
5.	Lori Potts	.2	2004-pres.

### Sacrifice Bunts

1.	Jessica Smith	.18	2003-2006
2.	Amanda Griswold	.17	2004-pres.
3T.	Sarah Savoye	.11	2003-2006
	Megan Burner	.11	2003-2006
5.	Amanda Boswell	.7	2004-2005

### Putouts

1.	Trish Brown	.736	2003-2006
2.	Kim Schrader	.518	1998-2001
3.	Amanda Baldwin	.316	2005-pres.
4.	Meghan Dabkowski	.251	2005-pres.
5.	Megan Burner	.239	2003-2006

### Assists

1.	Stephanie Zych	.267	2001-2004
2.	Sarah Savoye	.248	2003-2006
3.	Renee Knotts	.145	1998-2001
4.	Alisa Rugg	.143	1997-2000
5.	Bethany Seyler	.136	2005-2006

## PITCHING

### Appearances

1.	Alisa Rugg	.60	1997-2000
2.	Jen Cook	.59	2005-2006

3.	Lori Potts	.46	2004-pres.
4T.	Jessica Paugh	.28	1996-1998
	Jen Vance	.28	2002-2003

### Games Started

1.	Alisa Rugg	.53	1997-2000
2.	Jen Cook	.40	2005-2006
3.	Lori Potts	.33	2004-present
4.	Jessica Paugh	.25	1996-1998
5.	Andria Cook	.23	2004

### Innings Pitched

1.	Alisa Rugg	.340.1	1997-2000
2.	Jen Cook	.297.0	2005-2006
3.	Lori Potts	.207.2	2004-present
4.	Jessica Paugh	167.1	1996-1998
5.	Jen Vance	.151.1	2002-2003

### Complete Games

1.	Alisa Rugg	.49	1997-00
2.	Jessica Paugh	.24	1996-98
3.	Jen Vance	.21	2002-03
4T.	Andria Cook	.18	2004
	Lori Potts	.18	2004-pres.

### Shutouts

1.	Jen Cook	.10	2005-2006
2.	Alisa Rugg	.7	1997-2000
3.	Lori Potts	.6	2004-pres.
4.	Mandy Kessinger	.3	2001
5.	Jessica Paugh	.3	1996-1998

### Strikeouts

1.	Jen Cook	.336	2005-2006
2.	Alisa Rugg	.143	1997-2000
3.	Lori Potts	.99	2004-pres.
4.	Jen Vance	.78	2002-2003
5.	Jessica Paugh	.59	1996-1998

### Wins

1.	Alisa Rugg	.32	1997-2000
2.	Jen Cook	.31	2005-2006
3.	Lori Potts	.18	2004-pres.

# TEAM AWARDS/HONORS/HISTORY



## TEAM RECORDS

Most Wins	
26 (26-14)	2004
Winning Streak	
7	2003, 2004, 2006
Games Played	
42	2006

## HITTING

Batting Average	
.358	1999
At-Bats	
1,119	2006
Runs Scored	
246	1999
Hits	
322	2004
Doubles	
69	2000
Triples	
15	1999
Home Runs	
11	2006
Slugging Percentage	

.491	2000
Walks	
123	2002
Fewest Strike Outs	
44	1998
Sacrifice Flies	
13	2000
Sacrifice Hits	
37	2006
Stolen Bases	
55	1998
Stolen Base Attempts	
57	1998

## PITCHING

Earned Run Average	
2.32	2001
Complete Games	
31	2004
Shutouts	
8	2005
Fewest Hits Allowed	
169	1998
Fewest Runs Allowed	

109	1998, 2003
Fewest Earned Runs Allowed	
66	1998, 2001, 2003
Fewest Walks Allowed	
40	2004
Most Strikeouts	
276	2006
Fewest Doubles Allowed	
19	2001
Fewest Triples Allowed	
0	2000
Fewest Home Runs Allowed	
1	1998
Lowest Opponent Batting Average	
.236	1998

## FIELDING

Fewest Errors	
54	2003, 2005
Fielding Percentage	
.948	2005
Most Double Plays Turned	
13	2004

## HONORS AND AWARDS

NFCA REGIONAL ALL-AMERICANS	
2002	Krissy Jackson (UT - First Team)
2003	Ashley Martin (C - Third Team)
2006	Amanda Baldwin (C-Third Team)

ECAC ALL-STARS	
1998	Amber Waltz (OF - First Team)
2001	Amber Waltz (C - Honorable Mention)
2003	Krissy Jackson (C - First Team)
2004	Ashley Martin (C - First Team)

ALL-ALLEGHENY MOUNTAIN COLLEGIATE CONFERENCE	
1998	Jill Baker (FT), Alisa Rugg (FT), Kim Schrader (FT), Steph Walker (FT) & Amber Waltz (FT)
1999	Crystal Carter (FT) & Alisa Rugg (FT)
2000	Kirsten Gitt (FT), Krissy Jackson (HM), Shannon Rexrode (FT), Alisa Rugg (HM), Amber Waltz (FT), Lori Winebrenner (FT) & Jen Wolfe (HM)
2001	Krissy Jackson (HM), Renee Knotts (HM), Mandy Kessinger (FT), Amber Waltz (FT/POY), & Stephanie Zych (HM)
2002	Amber Blackmire (HM), Raelee Casazza (FT), Richelle Foor (FT) & Krissy Jackson (FT/POY)
2003	Trish Brown (HM), Richelle Foor (ST), Ashley Martin (FT), Marsha Moats (ST), & Stephanie Zych (ST)
2004	Amanda Boswell (FT), Trish Brown (FT/POY), Andria Cook (FT), Krystal Dixon (HM), Lori Potts (FT), Stephanie Zych (ST)
2005	Trish Brown (FT), Amanda Boswell (HM), Jen Cook (FT), Krystal Dixon (ST), Lori Potts (FT), Sarah Savoye (HM), Bethany Seyler (ST)
2006	Jen Cook (FT), Amanda Baldwin (FT), Bethany Seyler (FT), Amanda Griswold (ST)

AMCC PLAYERS OF THE YEAR	
2001	Amber Waltz
2002	Krissy Jackson
2004	Trish Brown (Co)

## FROSTBURG STATE SOFTBALL COACHING CHRONOLOGY

Name	Years	Record
Ray Kiddy	1996	11-16-0
Jody Pepple	1997	12-18-0
Gretchen Herudek	1998	20-8-0
Becky Keller	1999	13-13-0
Becky Keller	2000	15-13-0
Becky Keller	2001	14-17-0
Becky Keller	2002	8-15-1
Chris Starke	2003	13-12-0
Chris Starke	2004	26-14-0
Chris Starke/Wes Landrum	2005	5-8-0/12-11-0
<u>Wes Landrum</u>	<u>2006</u>	<u>24-18</u>
Totals	11 Seasons	173-156-1

# ABOUT FROSBURG STATE UNIVERSITY



From an opening day enrollment of 57 students, Frostburg State University has grown to a present day enrollment of over 5,000 students. Its physical plant, once limited to a single building, Old Main, which housed classrooms and a library, has also grown to over 30 facilities including classroom buildings, residence halls, the Lewis J. Ort Library, the Harold J. Cordts Physical Education Center, the Lane Center, and the Performing Arts Center, situated on 255 beautiful acres.

Opened in 1902 as State Normal School No. 2, the University owes its existence to the tenacity of J. Benson Oder, editor of the Frostburg Mining Journal, and the citizens of Frostburg who, in spite of political barriers, raised funds and purchased the site on which the University is located.

Over the years, the name of the institution has reflected the changes in the scope of its educational mission. In 1935, the State Normal School No. 2 became the State Teachers College at Frostburg, a four-year college which offered a Bachelor of Science in Elementary Education. In 1963, the name became Frostburg State College, and finally in 1987, with the strong support of the local civic and business community, became Frostburg State University, an indication of its growing resources, diversity and excellence in educational opportunities for the region and the state.

In 1988, FSU became a constituent institution of the University System of Maryland, comprised of 11 of the state's



## COMPTON SCIENCE CENTER

13 public institutions. Expanding to meet the educational needs of the region, the FSU Center in Hagerstown was also established in 1988 to offer upper-level bachelor's degree coursework and graduate programs. The University also opened, in 1990, a permanent location for the Frederick MBA program.

Throughout its growth, the University has emphasized excellence in teaching. Over 80% of the full-time faculty hold Ph.D.s or terminal degrees from institutions that are among the most prestigious in the nation. Faculty scholarship has led to scholarly books, manuals and journals, as well as numerous articles and reviews. This excellence in faculty has resulted in superior results for students. FSU has been ranked first among its peers for the number of doctorates per 100 baccalaureate degrees awarded. In the same study, FSU was ranked second in the percentage of national, prestigious awards received by faculty. These have included Fulbrights and significant grants from the National Endowment for the Humanities, the National Endowment for the Arts and other national associations.

At the same time, the University has developed comparable excellence in academic programs, research, consulting, cultural and athletic events, and facilities. In recent years the campus has consistently received a superior rating, the highest state award given for facilities and maintenance. In addition, FSU was also recently ranked safest college campus in the state.

Today, the University's mission and services have expanded significantly. Over 400 full-time administrators and support staff, and more than 200 full-time faculty serve the educational needs of students who come not only from throughout the United States, but also the world. These students have a choice of 37 major programs of study leading to the Bachelor of Art, Bachelor of Science, Bachelor of Fine Arts and Bachelor of Technical and Professional Studies degrees as well as graduate degrees in applied ecology and conservation biology, business administration, counseling psychology, education, wildlife/fisheries biology, human performance, modern humanities, park and recreation resource management, teaching and applied computer science. In addition, 12 pre-professional programs are offered.

Frostburg State University continues its pursuit of excellence. It is a tradition which now spans over a century.

## FSU AT A GLANCE

- Average class size: 19
- 89% of classes have fewer than 30 students.
- 17:1 student/faculty ratio
- According to a recent survey, 97% of our graduates are employed. Over 83% are employed in the field of their choice.
- An undergraduate biology student discovered a new species of worm and presented his findings at the Russian Society of Nematologist Symposium in St. Petersburg.
- Among its peer institutions, FSU was ranked second for the number of national awards received by its faculty.
- The NBC hit sitcom "My Name is Greg" was created by a Frostburg State alumni Greg Garcia (Class of '92). Garcia is also the creator of the CBS sitcom, "Yes, Dear".
- The fall 2000 entering freshmen class was the largest in FSU history and 10.2 percent larger than the previous year. The same class had an average SAT score that was 14 points higher than the previous year's average.
- FSU is a partner in the construction of a business and technology park on campus. This new park will provide opportunities for students to engage in research and internships with participating agencies.
- The pass rate of FSU graduates in Social Work licensure exams has been 100% for the past two years.
- Students from FSU's Society for the Advancement of Management chapter placed third nationally in case competition.
- FSU education graduates have typically had pass rates of 96%-98% on the National Teachers Exam.



## THE UNIVERSITY

Public, four-year undergraduate & graduate, liberal arts and sciences and professional studies

## DEGREES

B.A., B.S., B.F.A., B.T.P.S.; M.A., M.B.A., M.Ed., M.S.

## ENROLLMENT

4,300 undergraduate; 900 graduate

## STUDENT/FACULTY RATIO

17:1, 85% of classes have fewer than 30 students

## FACULTY

Full-time: 248  
Part-time: 109  
80% have doctorates or terminal degrees in their fields

## ON-CAMPUS HOUSING

90% of new students live on campus  
2,000 residence hall spaces

## SPECIAL OPPORTUNITIES

Honors Program  
Learning Communities  
Internships  
Study Abroad  
K-12/Secondary Teaching Certification  
Collaborative and Dual Degree Programs in Engineering with Univ. of Maryland, College Park  
B.S. Physics/M.S. Applied Physics collaborative program with UMBC  
Bachelor's/Juris Doctor Program with University of Baltimore School of Law  
B.S. Accounting/M.B.A. combined program  
Chemistry/Doctor of Pharmacy Dual Degree Program  
Career Services  
Credit by Examination-CLEP & Advanced Placement

## 2006-2007 EXPENSES\*

In-State: \$12,748  
Out-of-State: \$20,998  
Contiguous Counties\*\*: \$17,748  
\* Estimated undergraduate expenses for 2005-06; includes room, board, tuition & fees for one year  
\*\* Out-of-state discount for full-time students from the following counties in PA: Bedford, Franklin, Fulton and Somerset; in VA: Loudoun; and in WV: Berkeley, Grant, Hampshire, Jefferson, Mineral and Morgan.

## MAJORS

Accounting  
Art & Design  
Athletic Training  
Biology  
Business Administration  
Chemistry  
Communication Studies  
Computer Science  
Criminal Justice  
Dance  
Early Childhood/Elementary Education  
Earth Science  
Economics  
Electrical Engineering  
Elementary Education  
English  
Environmental Analysis & Planning  
Exercise & Sport Science

Foreign Languages & Literature  
Geography  
Health & Physical Education  
Health Science Administration  
History  
Informational Technology Management  
International Studies  
Interpretive Biology & Natural History  
Law & Society  
Liberal Studies  
Mass Communication  
Mathematics  
Mechanical Engineering  
Music  
Philosophy  
Physics  
Political Science  
Psychology  
Recreation & Parks Management  
Social Science  
Social Work  
Sociology  
Theatre  
Urban & Regional Planning  
Wildlife & Fisheries

## PRE-PROFESSIONAL PROGRAMS

Dental Hygiene  
Dentistry  
Law  
Medical Technology  
Medicine  
Nursing  
Occupational Therapy  
Optometry  
Pharmacy  
Physical Therapy  
Veterinary Medicine

## SCHOLARSHIPS

To be considered for scholarships, an applicant should request the Financial Aid and Scholarships brochure, which outlines the criteria for each award. The brochure also contains the Scholarship Rapid-App form that must be completed to be considered for these awards. This form, along with an essay and supporting documentation, if required, must be submitted to the Financial Aid Office by March 1.

## FINANCIAL AID

To be considered for financial aid at FSU including need-based grants, loans and work study, applicants must complete the Free Application for Federal Student Aid (FAFSA) by no later than February 15 to meet the priority deadline of March 1. The FAFSA application is available through the Financial Aid Office at FSU, high school guidance offices or public libraries.

**FOR MORE INFORMATION,**

**VISIT [WWW.FROSTBURG.EDU](http://WWW.FROSTBURG.EDU)**

**OR CALL (301) 687-4201**



## FSU SPORTS FACTS

Nickname ..... Bobcats  
Colors ..... Red, White & Black  
Affiliation ..... NCAA Division III  
Conferences ..... Atlantic Central Football (ACFC),  
..... Allegheny Mountain Collegiate (AMCC),  
..... Eastern College Athletic (ECAC)  
..... & Mason-Dixon

## FSU INTERCOLLEGIATE SPORTS

**Men (9)**  
Baseball  
Basketball  
Cross Country  
Football  
Soccer  
Swimming  
Tennis  
Track & Field (Indoor & Outdoor)

**Women (11)**  
Basketball  
Cross Country  
Field Hockey  
Lacrosse  
Soccer  
Softball  
Swimming  
Tennis  
Track & Field (Indoor & Outdoor)  
Volleyball

**Co-Ed (1)**  
Golf



## ATHLETIC DEPARTMENT STAFF DIRECTORY

Athletic Director (Interim) ..... Rich Repac ..... 687-4331  
Baseball/Associate Athletic Director ..... Chris McKnight ..... 687-4273  
Men's Basketball ..... Webb Hatch ..... 687-3093  
Women's Basketball ..... Jody Peple ..... 687-4466  
Cross Country (M & W) ..... Randy Lowe ..... 687-4313  
Field Hockey/Women's Lacrosse ..... Annie Sidorenko ..... 687-4476  
Football ..... Rubin Stevenson ..... 687-4086  
Golf (Co-Ed) ..... Rick Flowers ..... 687-4468  
Men's Soccer ..... Keith Byrnes ..... 687-3072  
Women's Soccer ..... Brian Parker ..... 687-4356  
Softball ..... Wes Landrum ..... 687-3242  
Sports Information Director ..... Noah Becker ..... 687-4371  
Swimming (M & W) ..... Troy Strieby ..... 687-7021  
Tennis (M & W) ..... Stuart Swink ..... 687-4350  
Track & Field (M & W) (Interim) ..... Randy Lowe ..... 687-4313  
Women's Volleyball ..... Peter Letourneau ..... 687-7014  
Athletic Trainer ..... Tony Zaloga ..... 687-4497  
Equipment Manager ..... Rick Gray ..... 687-4438  
Administrative Assistant ..... Sandy Cannon ..... 687-4462  
Administrative Assistant ..... Crystal Satterfield ..... 687-4455